

Pure Body

Scripture Text: Psalm 18:26

Purity is defined as “not mixed or adulterated with any other substance or material.”

Body is defined as “the whole physical structure that forms a person or animal.”

Reminder: this lesson is not meant to harp on things, but we will speak the “truth in love.” Eph. 4:15

What are some things we need to avoid to keep our bodies pure? Christians/the church is the chaste virgin bride of Christ that will be presented to Him.

1. Bad Habits of the Body

- A. Lying
 - 1. Not bear false witness, Matt. 19:18
 - 2. Buy the truth, Pro. 23:23
 - 3. It is always easier to tell the truth, so you don't have to remember what lie you told to which person.
- B. Stealing
 - 1. Matt. 19:18
 - 2. Steal no more, Eph. 4:28
- C. Coveting
 - 1. Jesus says to beware, Luke 12:15
 - 2. One of the 20 sins Paul said to avoid – Rom. 13:9
- D. Envy
 - 1. The main reason Jesus was delivered to trial, Matt. 27:18
 - 2. Also on the list of sins – Rom. 1:29
- E. Worry
 - 1. Three times Jesus says to not worry – Matt. 6:25-34
 - 2. Phil. 4:6

2. Pollutants in the Body

- A. Alcohol
 - 1. Woe! Hab. 2:15
 - 2. We are told to be sober – 1 Peter 5:8 – hard to fight off a lion if you’re drunk!
 - 3. No good actions have ever been done while intoxicated.
- B. Tobacco
 - 1. It is a fleshly desire that destroys the body – 1 John 2:16
 - 2. Our bodies are to be a living sacrifice – Rom. 12:1
 - 3. Our body is a temple for God – 1 Cor. 6:19-20
- C. Promiscuous relationships
 - 1. Marriage is honorable – Heb. 13:4
 - 2. Paul said to avoid fornication each man should have a wife – 1 Cor. 7:2
 - 3. We are to have the mind of Christ – Phil. 2:5 – and He would never think this!
- D. Bad thoughts
 - 1. *Malice* is defined as “the intention or desire to do evil; ill will.”
 - 2. Paul condemns malice in Rom. 1:29, 1 Cor. 5:8, Eph. 4:31, Col. 3:8.
 - 3. Peter condemns it in 1 Pet. 2:1.
- E. Anything impure that damages
 - 1. Gen. 39:9 – should I sin against God?
 - 2. “When in doubt, do without.”

3. Adornments on the Body – anything that will weigh the body down. Hebrews 12:1-2

- A. Burdens of sin
 - 1. Heb. 8:12 – remembers sin no more
 - 2. Heb. 12:1-2 – lay aside sin that doth so easily beset us
- B. Guilt – Psalm 38
 - 1. Admit it
 - 2. Accept responsibility – Ps. 51:3, Js. 5:16
 - 3. Ask God to forgive – 1 John 1:9

C. Immodest dress

1. We are to represent God in all we do – Matt. 5:16 – why would we do anything for Him half-dressed?
2. When God clothed Adam and Eve in Gen. 3, He gave them modest clothing.
3. In the book of Exodus, God gave specific instructions on how the priests were to approach Him.
4. We are all priests – 1 Peter 2:9 – therefore God cares how we are to dress.
5. When Paul describes the Christian’s armor – Eph. 6:10-18 – he made sure they were all covered for battle.

D. Immoral lifestyle

1. Immoral dress can often lead to an immoral lifestyle.
2. Avoid all appearances of evil – 1 Thess. 5:16 – not some or just one or two, ALL!

Reminder: removing things in our life that draws us closer to God is always worth it. Matthew 18:8-9

Is what I am doing getting me closer to Heaven or closer from it?

Is your body pure? Would you pass God’s purity test right here, right now?

Acts 5:29 – we ought to obey God rather than men!

© 2023 Justin D. Reed | 615 295-8999
Post Office Box 292 | Woodbury TN 37190
justinreedbible.com | justinreedbible@gmail.com

June 11, 2023 PM Morrison church of Christ – VBS
July 30, 2023 AM Arlington church of Christ